

Subiaco Primary School Parents and Citizens Association

Annual General Meeting Healthy Hub Committee Report

Author:

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1. Overview of 2022 activities

Term 1

 Provided Cancer Council WA <u>Packed with Goodness webinar</u> for parents called. The session covers nutrition for kids and practical lunchbox tips.

Term 2

Printed aprons with Healthy Hub logo in preparation for events Term 3 and Term 4 to increase visibility and awareness during events **Term 3**

- Provided 'Cool Fuel' fruit and veg platters for year 1-2 and 3-6 sports carnivals
- Student dietitians presented to PP-Y3 (eat the rainbow) and Y4-6 (sugary drinks) at their subassemblies
- Bring a Cup day served 30+ litres of smoothie to students and staff

Term 4

- Provided fruit and veg platters for 125 years Celebrations
- Providing school with Crunch&Sip newsletter inserts (to continue next year)
- Assisted school to become an accredited SunSmart School
- Kitchen Guidelines updated to V1.2 with kitchen booking and cleanliness management