

## Muesli muffins



- 1 cup Rolled Oats
- 1 cup Low Fat Natural Yogurt
- 2 Apples (Grated)
- ½ cup Sultanas or coconut
- 3 tsp. Ground Cinnamon
- 3 tbsp. sugar or honey
- 3 tbsp. margarine
- 2 eggs
- ¼ cup Low Fat Milk
- 1 cup Self Raising Flour

Preheat oven to 180 degrees Celsius; grease muffin tray.

Mix oats and yogurt together in a large bowl then add remaining ingredients and mix well.

Pour into muffin tins and bake for 25 – 30 minutes.